

R4M 2018 - 5k results

Position	Time	Bib No.	Name
1	00:20:01.200	780	Adam Coates
2	00:22:23.790	829	Paul Vickers
3	00:23:19.540	793	Kevin Mannion
4	00:25:15.990	790	John Williams
5	00:26:03.680	804	Russell Hopkins
6	00:26:49.200	781	Byron Stevens
7	00:27:09.190	815	Chris Howley
8	00:27:11.850	800	Paul Woodcock
9	00:27:34.600	734	Jack Keegan
10	00:27:44.360	807	Tilak Liyanage
11	00:27:47.760	814	Cameron Major
12	00:27:48.440	813	Linsey Buxton
13	00:27:53.840	847	Gordon Jest
14	00:28:54.200	810	Trevor Lawson
15	00:28:59.130	797	Martin Coley
16	00:29:01.800	832	Clare Williams
17	00:29:02.560	833	Martin Williams
18	00:29:41.850	839	Martin Payne
19	00:29:55.660	844	Mitchell Alden
20	00:30:00.900	821	Simon Childs
21	00:30:28.290	795	Louis Green
22	00:30:29.240	798	Matt Green
23	00:31:54.150	782	Caroline Finch
24	00:32:00.350	817	Dave Appleby
25	00:32:18.610	711	Charlotte Salvage
26	00:32:19.280	811	Trevor Stephens
27	00:32:20.480	845	Dave Alden
28	00:32:43.800	789	Gill Willams
29	00:33:44.830	792	Kevin Keegan
30	00:34:04.890	719	David Cooper
31	00:34:12.490	818	Hannah Westaway
32	00:35:27.940	803	Richard Tanner
33	00:35:28.620	783	Dartagnan Griffin
34	00:36:02.480	788	Jack Picthall
35	00:36:44.020	784	Dominic Kelly
36	00:38:55.760	801	Phil Minns
37	00:39:00.890	724	Emma Prescott
38	00:39:02.230	843	Phil Prescott
39	00:40:18.320	802	Poppy Long
40	00:42:19.420	799	Oliver Hood
41	00:42:20.010	796	Lynne Hood
42	00:42:33.980	785	Gareth Moseley
43	00:44:26.200	805	Sarah Westwood
44	00:44:27.160	850	Cory Liddell
45	00:44:28.260	808	Tom Price
46	00:52:50.610	723	Diane Davenport
47	00:54:47.920	787	Glyn Matthews
48	00:54:49.140	786	Gill Cameron